

SAFE Newsletter

1st December 2024

Welcome to our
December newsletter

It is that time of year again, when the TV adverts seem to be full of snowmen, toys and food that talks to you. It is a busy time for adult safeguarding, with the Assisted Dying Bill attracting a lot of attention on the basis of safeguarding, the Mental Health Bill moving through parliament and financial scams being a concern at this busy shopping time. It is also a busy time for the SAFE project as we move into our first stage of data gathering.

On 16th December we will begin our workshops in Oldham. As we write, the Oldham sessions are looking booked up. We will be running more in Newcastle in January. In this month's newsletter we will be updating on the workshops and have a team profile of Paul who will be helping to facilitate them. There is also a short reflection from Keith following our steering group session led by Paul. We are keen to start profiling

some of the amazing organisations we are collaborating with so if you have any news you would like to share, please let us know. We hope you enjoy our brief catch up this month and we wish you the very best for the coming season, however that looks for you.



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**SAFEGUARDING
ADULTS
FOR
EMPOWERMENT**

Any comments or suggestions for the newsletter, or for more information about the research, contact:
keith.chappell@sunderland.ac.uk

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NIHR | **National Institute for
Health and Care Research**

Creative Workshops

Our Creative workshops in Oldham and Newcastle will explore what safety means for older people through various creative media. The workshops will each involve 6-8 older people with care and support needs and will be led by Paul Hine (Made by Mortals) and Jess Dougherty (our team artist), supported by Sarah Lonbay and Keith Chappell (UoS).

Our first workshops will be in **Oldham on 16th and 17th December** and take place at a venue in the centre of Oldham. We will also run workshops in central **Newcastle on 22nd and 23rd January**.

We want to get people from as broad a range of experiences as possible involved so please do mention it to as many people as possible.

Criteria for participation are:

- To be over 65, with care and support needs
- To have capacity to give consent

Team Profiles

Paul Hine. CEO of Made by Mortals (MBM)

Before co-founding MBM in 2017, Paul worked for 12 years as a freelance dramatist and project manager using creativity to engage underserved communities and drive social change. During this time, he worked for multiple cultural and social organisations in the North West, including The Royal Exchange Theatre, Manchester Art Gallery, Manchester Camerata (orchestra), Cheshire East Council, The Together Trust (children's charity), and Bolton at Home (social housing group.)

As CEO of Made By Mortals (MBM), Paul has supported hundreds of people with a broad range of lived experience to bring their experience to life through participatory arts practice, producing films, audio stories, theatre, music, and interactive workshops. Under Paul's leadership and using Made By Mortals approach, MBM has won Audio Production Awards (Grassroots Production) 2023, Manchester Publicity Awards (Best Audio) 2023, Royal Society of Public Health: Health and Wellbeing Awards (Arts in Health) 2022 Outstanding Contribution to PPIE Awards University of Manchester 2022, British Podcasting Awards (Bronze) 2022, BBC Making a Difference Award (Community) 2022, and Digital City Awards (Best Use of Tech by a Non-profit) 2022.

Paul is currently co-lead and PPI lead on multiple health and social care research projects and Made By Mortals are delivering their creative approach across the research and health and social care sector.

SUPPORT FOR PARTICIPATION

We have funding to help with support needs for participants, to provide interpreters if needed, and to cover costs of travel or other expenses necessary for someone to take part. If people need help booking transport we can also help with that.

The Oldham workshops are now full but if you feel you could help in recruiting participants for Newcastle please contact Keith Chappell at:

keith.chappell@sunderland.ac.uk

Tel: 07354 481606



PAUL HINE

Reflection

Following a meeting of our **Steering Group** in November in which Paul Hine introduced the MBM methodology, Keith Chappell shares some thoughts.

It was my grandmother that always asked the mortifying question as I went out of the house: "Have you got clean pants on". Her fear was that I would get run over and that somehow the worst outcome would be that someone at the hospital would discover that a relative of hers had dirty underwear. Well, her advice came to haunt me recently as Paul asked us to describe our footwear as we explored the concept of walking in another's shoes. Mine, unfortunately, had a big hole in them. The shame!



Reflective journaling is a key part of how we approach this study. Understanding how what we do affects us and to deepen our understanding of what we hear.

The metaphor was not an empty one though as we went on to build an image of 'Diana' who had many aspects to her life, including a childhood in Portugal, a lot of travelling, a love for Karaoke and a collection of fridge magnets. She is also recently bereaved and has encountered trouble with finances, health conditions and a loss of confidence. In the small amount of information that we brought together about Diana she became very real and multidimensional - with a past as well as a present. Diana's was a story that I wanted others to hear and that reflects the whole point of the SAFE project - listening to everyone in all their many dimensions. Safeguarding, when done well, is after all about the flourishing of the whole person, not simply preventing harm.

Just like my old shoes, or my grandmother's advice, it can be too easy to forget that although we've had some knocks or been dismissed by others, we still also have future.