

SAFE Newsletter

8th October 2024

Welcome to our first SAFE project newsletter!

Welcome to what will become a regular update from the SAFE project.

In the newsletter we will provide information about how the project is progressing, links to our outputs and updates about the data we are getting from our activities.

We are now entering a very busy phase for the project as we move from preparation and dealing with the administration that is vital to a project of this nature into the phase of gathering data through fieldwork.

The first step in gathering data will start in Oldham where we will be carrying out arts based workshops with older people with care and support needs to look at what safety means to them, below is some more information for people who want to get involved.

The next step will be to hold the workshops in Newcastle and we will be able to provide more details of that in the next newsletter.

Also in the newsletter is an update on our ethics approval and some news about a couple of blogs that the team have put out over the last few months.

We would love to hear any ideas for information to include or questions that you may have for future editions of the newsletter.

In this newsletter:

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Phase

Ethics approval

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Sarah Lonbay

Podcast: New
Series



**SAFEGUARDING
ADULTS
FOR
EMPOWERMENT**

Any comments or suggestions, contact:
keith.chappell@sunderland.ac.uk

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Moving to the data gathering phase

We have now started recruitment for our first phase of fieldwork which will involve arts-based workshops in Oldham and Newcastle. The workshops will each involve 6-8 older people with care and support needs and will be led by Paul Hine (Made by Mortals) and Jess Dougherty (our team artist), supported by Sarah Lonbay and Keith Chappell (UoS). The aim of each workshop will be to help participants to explore and express what safety means to them.

This will provide an important background to the next stages of work where we will be looking at people's experiences of safeguarding processes.

Our first workshops will be in Oldham on 16th and 17th December and take place at a venue in the centre of Oldham. We hope to fix dates and venues for Newcastle soon.

Criteria for participation are:

- To be over 65, with care and support needs
- To have capacity to give consent

We have funding to help with support needs for participants and to cover costs of travel to the workshops.

We can provide more detailed information sheets for people thinking about taking part and will always be happy to discuss matters over the phone.

If you feel you could help in recruiting participants for Oldham or Newcastle please contact Keith Chappell at:

keith.chappell@sunderland.ac.uk

Tel: 07354 481606

Ethics

We have **received ethics approval** for the project from both the University of Sunderland and from the Health Research Authority (HRA).

This means we can now proceed with all stages of the project and will comply with funder requirements and also meet the expectations of any journals that we hope to publish our results in.

For reference, our ethics approval number from the HRA is below.

IRAS ID: 329360



Image from Centre for Ageing Better's Age Positive Image Library

Blog Posts

The team have produced two blog posts.

The first is in response to a document produced by the Local Government Association marking **ten years of the Care Act and legislation for adult safeguarding:**

<https://researchblog.kinsta.cloud/2024/06/07/a-decade-of-safeguarding/>

The second was published to mark the **UN International Day for Older Persons** and considers the **need for person centred responses to safeguarding:**

<https://researchblog.kinsta.cloud/2024/10/01/international-day-of-older-persons/>

Team Profiles

In this section we thought we might introduce a team member each month. This month we will introduce Dr Sarah Lonbay, the Principle Investigator for SAFE.

Dr Sarah Lonbay

I am an Associate Professor of Social Sciences and Engagement at the University of Sunderland. I am also a Research Fellow in the multimorbidity, ageing and frailty theme of the NIHR Applied Research Collaboration (ARC) for North East and North Cumbria (NENC), based at the Helen McArdle Nursing and Care Research Institute.

My research interests are related to engagement and participation, adult abuse and safeguarding, trauma, older people and ageing, mental health, adult social care, empowerment, and vulnerability.



Podcast - new series



Sarah Lonbay, along with a colleague from the University of Sunderland has just released the third series of her Portal Podcast: Linking research and practice for social work. This series is focussed on social work and older people.

You can listen via the website <https://portalpodcastcouk.wordpress.com/> or via other platforms (links are on the website or search the full podcast name in your usual podcast platform). Briefly, the episodes cover:

- Episode 0: An introduction to the podcast series.
 - Episode 1: Episode 1: "People who need it should be able to access social work support": The contribution of social work to older people's wellbeing. A conversation with Gerry Nosowska and Paul Willis.
 - Episode 2: "Social work is a noble profession": Relationships, stories, and the value of social work with older people. A conversation with Nick Andrews.
 - Episode 3: "Hospital social workers are very strong advocates for the rights of older people": Working with older people in a hospital setting. A conversation with Carrie Phillips.
 - Episode 4: "You need a social worker to say, what can we do to make life better for you?": Social work and family carers. A conversation with Alisoun Milne.
 - Episode 5: "It's all about social justice": Social Work in Care Homes. A conversation with Sally Nieman.
 - Episode 6: "Working with older people is a very, very interesting field": Social work and older people in Germany. A conversation with Sigrid Mairhofer.
 - Episode 7: Key messages for practice: Summary episode
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